

Vol 21 no.10 May 2018

Celebrating a Century of Service, Fellowship, Scholarship and Community  
Since 1919

## FROM YOUR PRESIDENTS

We want to thank each and every member for the wonderful year that we have enjoyed. The culmination was the lovely Spring Luncheon that Bette Walton put together with help from Ann Marie, Martha, Bev, Vanessa and Nicole.

This summer will be a busy one for many of us as we prepare for our centennial year. We are discussing many ways of commemorating this milestone, so if you have any ideas, please call or email and we'll take it into consideration.

As some of you already know, Cheryl Murphy has put together a presentation with highlights of the history of the EUWC. We plan to use this information to spread the word throughout the Emory community about the value of our group. We may even have a display in the library.

**Judith Piat** is working on a wonderful list of programs for the coming year, **Cheryl Murphy** is working on our very special celebration, and **Cheryl, Lex and Dee** are working on publicity. If you are interested in participating in any of these endeavors, please let us know. The more, the merrier!

Our year will kick off on September 25<sup>th</sup> with our annual Fall Welcome! More details will follow in our next newsletter, but in the meantime, please consider inviting a friend to the party. The friend does not have to be a prospective member, just someone you think would enjoy the celebration.

During the summer, we will continue to have Tuesday Tastings, so keep an eye out for emails from **Nicole**.

Have a wonderful summer, and we are looking forward to seeing you next fall.

**Dee Zesiger and Lex Gilbert**

Dear members,

Lex is compiling a list of contacts at local newspapers and at Emory publications so that we can send them articles about our centennial.

If you get a local paper, please send Lex contact information for the editor. Many of these publications are looking for feel-good stories and we can write an article about EUWC for them.

In most cases you can see who and how to contact them, often on the second page.

Lex is also looking for contact information for Emory publications, like Emory Magazine, Emory Medicine, etc.

Please email her any contacts that you can find or bring her copies of the publication at one of our meetings.

We'd like to take advantage of our 100th birthday to make more people aware that we exist and of the good work that we do.

Thank you!

**Lex Gilbert**

[justforlex@gmail.com](mailto:justforlex@gmail.com)

[404-446-5516](tel:404-446-5516)

**Yearbook updates:** Please have any updates on your information (address, phone number, email) to **Martha Catherwood** by June 20. We would like the yearbook to be as accurate as possible

## Openings for 2018-2019

Would you like to be involved in our Centennial year?  
Here is your chance. **We need the following committee members:**

**Achievement Award:** Two more to serve with **Sharon Gunn**

**Anniversary Celebration:** Two more to serve with **Cheryl Murphy**

**Photography:** One more to serve with **Joanie Edmondson, Sharon Gunn, and Susan Neel**

**Program:** Need one more to assist **Judith Piat**

Please let **Lex or Dee** know which you will do.

## A Little More EUWC History about one of our volunteer opportunities

“Understand for many years we had 2 people for every shift. But for the last few years, we have had a tough time getting new folks. Age and death have taken the toll on our available people,” explains **Kay Nicolaysen**, Chair for the EUWC **volunteers at The Egleston Gift Shop.**

“When I started in 1975, all you had to do was show up and go to work. There was no paid staff. The Auxiliary of Egleston was in charge. Volunteers did their thing and if no one showed up, the Gift Shop was not open. Over the years, regulations and accreditations have changed that.”

Traditionally, EUWC members help on Wednesdays in two shifts, one from 10AM – 1PM and one from 1PM-4PM. **Currently volunteers are needed for the 3<sup>rd</sup> and 4<sup>th</sup> Wed. PM shifts.** Ideally it is good to have two from EUWC working together.

**Please contact Kay if you can assist with this long-standing program.**

## Share the Care

In our 2017-2018 year you have contributed generously to Amani Women Center, Community Advanced Practice Nurses, NETWorks Cooperative Ministry, CASA of Fulton County, Nicholas House, Our House, Children's Healthcare of Atlanta Infusion Center, and Emory School of Nursing Mirant Farm Worker Family Health Program.

Over the next few weeks we will be reviewing our association with these agencies to determine whether there are others whom we may develop partnerships. If we add an agency, one will need to be dropped. **Please let me know if there are agencies which whom you have strong personal relationship.** Certainly some of us have favorites. **Alma Owens**, 770 712 1561 or [alma@owensemail.com](mailto:alma@owensemail.com).

Looking forward to even better in 2018-2019.

## INTEREST GROUPS

**Friday Morning Book Club.** Is meeting on May 25 to discuss **Dreamland** by Sam Quinones. The next meeting will be in September. For information contact **Margaret Foust**

**First Thursday PM Book Club.** We will meet on Thursday June 7 for discussion of Alice Munro's *Friend of My Youth*. This is our last meeting until we resume on September 6. These sessions meet at 12:30 at homes of members. For information call **Joanie Edmondson**, 404-325-1432

**Contract Bridge** groups meets the 1st and 3rd Thursdays of the month at the Mason Mill Recreation Center (340 McConnell Dr.) from 10:00 AM to 2:30 PM. We bring our own lunch and beverage, and the hostess provides dessert. This is party bridge at its most fun. We hope that you can join us. **This group will not meet during the summer.** For more information, contact: **Missy Cody or Mary Portier.**

**Tuesday Tastings:** meet with friends for lunch at neighborhood restaurants on the 3<sup>rd</sup> Tuesday of the month **all summer.** contact: **Nicole Mills**

**Lunch and a movie:** join members for a movie and conversation

**Handwork Group:** (Quilting, Knitting, Beading etc.) We meet at 1;3- PM on the 2<sup>nd</sup> Thursday of each month at Intown Quilters 1058 Mistletoe Road Decatur. **We will meet all summer.** Contact: **Barbara Froehlich**

**Field Trips:** **Carolyn Arakaki** and **Jackie Walker** have put together several wonderful trips this year. If you have suggestions for field trips next year, please reach out to them.

**Emory University Woman's Club**

**2018-2019 Tentative Schedule**

\*denotes HMH

*8/21/18	Board Meeting
*9/25/18	Fall Welcome (upstairs)
9/18/18	Tuesday Tasting
10/13/18	Scrumptious Saturday at Ann Marie's or Louise's
10/16/18	Tuesday Tasting
*10/23/18	Membership Meeting
10/23/18	Past Presidents' Lunch
*11/13	Membership Meeting
*12/4/18	Holiday Brunch (upstairs)
*1/8/19	Board Meeting
1/15/19	Tuesday Tasting
*1/22/19	Membership Meeting
TBA	Centennial Anniversary (may be 1/18 or 1/19, or Feb.)
2/19/19	Tuesday Tasting
*2/26/19	Membership Meeting
3/19/19	Tuesday Tasting
*3/26/19	Membership Meeting
4/6/19	Scrumptious Saturday (early evening at Lex's)
4/16/19	Tuesday Tasting
*4/23/19	Membership Meeting
*5/7/19	Spring Luncheon (upstairs)
*5/21/19	Board Meeting
6/18/19	Tuesday Tasting
7/16/19	Tuesday Tasting
8/20/19	Tuesday Tasting

Emory University Woman's Club

Achievement Award 2018

**Margaret Foust**

The 2018 Achievement Award goes to a woman who has embraced two seemingly opposite disciplines -- the purest of sciences and the visual arts. She has, also, according to her husband, always "practiced all of the best characteristics that we attribute to motherhood." The EUWC is fortunate that she joined in 2007. She has volunteered for so many offices and jobs it was too hard to count them.

She was born in Pennsylvania and grew up there. She received a bachelor's degree in math from Holy Family College in Philadelphia in 1962, and after college graduation she taught high school math for 2 years at Eden Hall, a private girls school in Philadelphia. She taught all levels of math offered at that time; in fact, she was the math department! (to quote her husband).

After her first year of teaching, the young Pennsylvanian received a National Science Fellowship to study at Notre Dame in the summer of 1963. Sometime that summer, the math department invited the physics department to a beer party and she met her future husband. They decided to get married one week later. Her husband says it was probably the magic of evening walks around the lakes at Notre Dame. They waited until the following year to get married, however, to convince her father that they were serious. Fifty-four years later, her husband thinks they proved they were serious!

In 1964 they lived in South Bend, Indiana, and the location of their apartment is memorable because of its location. The South Shore Railroad that went to Chicago ran right down the middle of the street in front of their residence. They moved later to a house when her husband got a teaching job at St. Mary's College which is situated next to Notre Dame. By 1967, motherhood replaced her paying job. Her husband says that she has always wanted to be a Mother. He also says that one of the "best characteristics of motherhood" that his wife practices is the ability to let "her husband know when he is not measuring up!"

After living in Indiana for eight years, the family moved to the South. It was a time of change in the early 70's and the family lived first in Alabama and then a year later they moved to Americus, Georgia, and became a part of the Koinonia Farm community until 1987. Our mystery achiever by now is not such a mystery to many of you, but I digress. She was active in the Koinonia community just as she has been active in EUWC: she led the cooking for 10 to 15 families that gathered every day for lunch. She organized the worship every Sunday for a time and she was on the committee that prepared a course of studies for volunteers that were spending a year at Koinonia. In addition to her commitment to this unique community, she was asked to start helping new mothers with breastfeeding. Quite soon after, the number of women in Americus who breast-fed jumped from practically none to about 50%. And, of course, all the while she was raising her five children as well! She has tireless energy and is superbly organized.

From 1987 to 1991, she worked in Americus, Georgia, teaching mostly geometry. In 1991 the family moved to Decatur because her husband had started work at Emory and she began teaching geometry in Dekalb county schools, retiring after thirteen years in 2004.

For years, she has been the enthusiastic photographer of her family and all their doings. On her 50<sup>th</sup> wedding anniversary, there was a slideshow using her photos and there was only time for 25 years' worth! At some point in her life, she began photographing gorgeous still-life objects like flowers and scenery and doors and mounting the prints on cardstock and then selling them. She has a fantastic artist's eye.

By now most of you know that Margaret Foust is the Achievement Award recipient for this year! But I need to tell you a little more. I asked her husband via email if she has hobbies besides photography and his reply was: three book clubs and EUWC and photography does not leave much time for anything else. She is a great cook, he says, and works around their yard creating islands for flowers and other plantings. In addition, she travels to see her kids (Ireland, Maryland, Denver, San Francisco) and five grandkids.

Other nuggets of information about Margaret: She loves to travel! She has traveled often to Europe when one of the sons lived in Germany, Belgium and the Netherlands. Of course, Ireland has been a destination the last few years to visit her daughter and family who live in Ireland. For the Foust's 35th anniversary, they celebrated on a beach in Bali when a daughter lived in Indonesia. Artistic talent runs strong in Margaret's family -- one daughter is a professional artist and Margaret's sister, mother, and her niece all are or were artists as well.

Finally, Margaret, we are so grateful to have you and your leadership, talents, and energy in the club.



## Emory University Woman's Club

Lifetime Achievement Award 2018 -- For Dedication to EUWC and

### **Martha Catherwood**

There is no one who has held the office of Treasurer for more years than Martha Catherwood. She joined EUWC in 1986, thirty-two years ago, and she has been treasurer, according to our calculations, for 15 of those 32 years! In addition, she has held the office of Second Vice-President in charge of creating the Yearbook for 9 years! It goes without saying that she handled all her responsibilities meticulously; all those many years without error and she keeps smiling and stays calm—never flustered.

On top of all that, she has maintained our contact information for years, and has been our Communication manager ever since we started to use email.

The Egleston Hospital gift shop depended on Martha for years to run it on the weekend. She is also a poll worker in Dekalb County for all our elections - primaries and otherwise. When the Emory Seasons cookbook was in preparation, Martha volunteered to type up every recipe for the publication. Every measurement was perfect and every direction in order. She is the perfect person for a job where fastidious accuracy is very important!

Martha is from California and graduated from Stanford University. She is an only child and for many years, as I understand it, she traveled to California once a month to spend a week or so with her mother who lived in the family home well into her 90's. Martha has a son living in Atlanta and she has two dogs and a herb and vegetable garden. In addition, she enjoys attending music performances at the Schwartz Center.

Martha, your dedication to Emory Woman's Club since you joined in 1986 and your

willingness to take on the most exacting of jobs, is worthy of A Lifetime Achievement Award. Thank you, Martha, from all of us who belong to Emory University Woman's Club, for your many years of service. You are such a special woman!



## March meeting



**Lex and Dee with our 2017 Fellowship recipient, Sarah MacDonald**

## April Meeting



April Speaker **Melissa Forgey** with **Judith Piat** and **Margaret Foust**.



**Peggy Brann, Bee Nahmias, Maureen Rollins, Bette Walton**

## Spring Luncheon



**Vanessa Wardi** with student **Stephanie Kot**



**Rekha Mitra** with Sarah MacDonald, Fellowship winner





Co-Presidents **Lex Gilbert** and **Dee Zesiger**



New Board

### **Request from Teri Hopkin**

Do you know if a member who is ill? Injured? In need of a little cheering up? A member's death? Death in a member's family? Please contact me so that I may correspond with her on behalf of the membership. Reach me at [thopkin@ aol.com](mailto:thopkin@aol.com). Please phone or text to [404-617-5172](tel:404-617-5172). Thanks! **Teri Hopkin**

## **2018-2019 EUWC Officers**

### **PRESIDENTS**

Lex Gilbert, Dee Zesiger

### **FIRST VICE PRESIDENTS MEMBERSHIP**

Louise Freer, Ann Marie Factor

### **SECOND VICE PRESIDENTS YEARBOOK**

Joanie Edmondson, Susan Neel

### **THIRD VICE PRESIDENT NEWSLETTER**

Barb Froehlich

### **RECORDING SECRETARY**

Teri Hopkin

### **TREASURER**

Martha Catherwood

### **PARLIAMENTARIAN**

Bette Walton

## **Committee Chairs**

### **ACHIEVEMENT AWARD**

Sharon Gunn NEED 2 MORE

### **ARCHIVES**

Cheryl Murphy, Barbara Hund, Carol Penn

### **ANNIVERSARY CELEBRATION**

Cheryl Murphy NEED 2 MORE

### **CORRESPONDING SECRETARY**

Teri Hopkin

### **EGGLESTON**

Kay Nicolaysen

### **FIELD TRIPS**

Jackie Walker, Carolyn Arakaki

### **FINANCE**

Martha Catherwood, Joanie Edmondson, Bette Walton

### **GRADUATE FELLOWSHIP**

Bette Walton, Barbara Hund

### **HOSTESSES**

Phyllis Gareis, Missy Cody

### **LONG RANGE PLANNING**

Rosalie Cooper, Joanie Edmondson, Ann Marie Factor, Louise Freer, Barbara Hund, Judy Michna, Martha Catherwood

### **MEMBER COMMUNICATION**

Martha Catherwood

### **MEMORIAL LIBRARY FUND**

Cheryl Murphy, Carol Penn

### **OXFORD LIAISON**

Carol Penn

### **PHOTOGRAPHY**

Joanie Edmondson, Sharon Gunn, Susan Neel

NEED AT LEAST ONE MORE

### **PROGRAM**

Judith Piat NEED ONE MORE

### **PUBLICITY**

### **SCHOLARSHIPS**

Rosalie Cooper, Vanessa Wardi Co-chairs

### **SHARE the CARE**

Cheryl Murphy, Alma Owens

### **SPRING LUNCHEON**

### **TUESDAY TASTINGS**

Nicole Mills

### **GRAPHIC DESIGN**

Bev Gunderson

### **WEB MASTER**

Susan Neel

**EUWC Membership Form 2018– 2019**

Name \_\_\_\_\_

Address, including PO Box \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Spouse's Name (if any) \_\_\_\_\_ Want to be listed in the yearbook? Yes \_\_\_ No \_\_\_

Emory Community Affiliation (if any) \_\_\_\_\_ If  
you are a new member, may we list your address and phone number in the newsletter? Yes \_\_\_ No \_\_\_

Please complete form and send with your check made out to EUWC for \$32.00 (\$30 for dues \$2 for mailing the yearbook) to Martha Catherwood, 2911 Galahad Drive, Atlanta, GA 30345

 Emory University  
Woman's Club

